

CAYTHORPE COURT 2018

CLOTHING AND EQUIPMENT

All personal clothing and equipment must be clearly named and brought in a medium sized suitcase or large holdall. Clothing should be of the type that you don't mind getting wet or muddy!

Things to bring

- 3 pairs of strong trousers - canvass trousers or track suits are much warmer than denim, which are not allowed by the centre as they soak up water and result in children getting very cold. However, denim jeans would be fine for the journey and to wear in the evenings.
- 4 warm tops (sweatshirts, football shirts or thick cotton shirts)
- 2 warm jumpers (or fleeces)
- 5 pairs of socks (sports socks are probably the best)
- Underwear
- 4 t-shirts
- Nightwear
- Waterproof jacket and trousers
- Warm hat and gloves, baseball cap or similar
- Plimsolls or old trainers for wet activities
- A pair of trainers with good grip and support for outside, and another pair of shoes for indoors
- Washing kit (soap, flannel, toothpaste, toothbrush, comb, shampoo etc.)
- Large towel
- Plastic drinking flask (no glass please)
- Camera (optional, and the responsibility of the individual child)
- Tissues
- Sun cream and lip salve
- Dustbin bag (for wet or dirty clothes)
- Sleeping bag and pillow

This is a guide but nearer the time, depending on the weather, other clothing might be appropriate!

Things NOT to Bring

- Anything electronic – smart watches, mobile phones, tablets, games consoles, digital camera.
- Anything requiring a plug – hairdryer, straighteners etc.
- Food and drink except for healthy cereal bars. No sweets or fizzy drinks.
- Aerosol deodorants/hairspray.